



SATURDAY, 5th March 2016



TREATMENTS ON OFFER

TREATMENT	COSTS
Access Consciousness With Richard Tobin Try a taster session of: <ul style="list-style-type: none"> • Access Consciousness Bars • Access Consciousness Body Processes • Access Consciousness Symphony Sessions. 	Sessions of 30 minutes OR 60 minutes: 30 mins for only £25 60 minutes for only £50
Back, Neck & Shoulder Massage With Bhavini Dattani	Mini Treatments: 15 minutes for only £10 30 minutes for only £20
Indian Head Massage With Bhavini Dattani OR Ronit Gerber	Mini Treatments: 15 minutes for only £10 30 minutes for only £20
Reflexology With Bhavini Dattani OR Ronit Gerber	Mini Treatments: 15 minutes for only £10 30 minutes for only £20
One To One Mini KiDoBe Session <i>(Short Functional Integration Lessons)</i> With Petra Margolis	FREE 15 minute taster sessions

THERAPISTS ON HAND TO SPEAK TO

TREATMENT	COSTS
Clinic Owner, Reflexologist & Coach Ronit Gerber	FREE On hand to speak to throughout the day
Independent Arbonne Consultant Sara Spindle	FREE On hand to speak to throughout the day
Guest Speaker for Flavon Max Renee' Baum	FREE On hand to speak to throughout the day
Weight Loss, Personal Change Expert & Author Janet Thompson	FREE On hand to speak to throughout the day
Psychotherapist Alex Dalziel	FREE On hand to speak to throughout the day





SATURDAY, 5th March 2016



TALKS & WORKSHOPS TO ENJOY

TIME	SPEAKER	DETAILS ABOUT THE TALK/WORKSHOP
12:15- 1:00pm Talk Duration 45 minutes	Melissa Cohen	<p>Nutrigenetics Melissa Cohen will take you through an enlightening talk of Nutrigenetics - the study of the intake of food, based on your genes and how it affects your health and weight.</p> <p><i>Melissa will be leaving @ 1pm so come to her talk to grab your chance to hear how your genes affect your health & weight!</i></p>
1:15 – 1:30pm Talk Duration 15 minutes	Sara Spindle	<p>A Product Range With A Difference. Introducing An Exceptional Home Spa Range & Nutritional Products.</p> <p>Find out more about Arbonne's world class health, skin care, nutritional and makeup products. During this interesting talk Sara will briefly explain the ethos behind the company and benefits of the products. You'll also have the opportunity to try the products for yourself.</p> <p><i>After her talk Sara will be available to speak to throughout the day.</i></p>
1:30 – 2:15pm Talk Duration 45 minutes	Janet Thomson	<p>The Placebo Diet. In this informative talk Best Selling author and TV expert Janet Thomson will teach you how to use your mind to transform your body, so that you can change how you think and feel about food, and yourself, for good.</p> <p><i>After her talk Janet will be available to speak to throughout the day.</i></p>
2:15 – 3:00pm Talk Duration 45 minutes	Renee' Baum	<p>Discover How Flavon Provides Staggering, Natural, Nutritional Healing Power For Our Bodies.</p> <p><i>After her talk Renee' will be available to speak to throughout the day.</i></p>
3:00 – 3:45pm Talk Duration 45 minutes	Petra Margolis	<p>A 45 minute KiDoBe class. Focusing On: Awareness Through Movement Incorporating an introduction from Petra, the Creator of KiDoBe</p> <p>This is your chance to try out a lesson of KiDoBe, and incredibly relaxing and enjoyable class in which Petra will expertly guides you through a series of slow, gentle movements that focus on how your skeleton and the movements of the joints naturally function.</p> <p><i>After her talk Petra is offering FREE mini, one to one KiDoBe sessions</i></p>
ON STANDBY	Ronit Gerber	How To Stay Positive When Things Are Going Wrong.



Natural Gateway Clinic
Complementary Medical Centre

